

# Podcast 2 – Australian Rules Football

Learn English While Learning About Daily Life in Australia –  
with Rob McCormack

*Podcast Number 2 – Australian Rules Football*

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Hi.

Do you like sport? Australians, and particularly those who live in Melbourne, are crazy about sport. In Melbourne you can watch a large range of competitive sports. For example, I have been to see Australian rules football, rugby league, rugby union, cricket, basketball, hockey, Taekwondo, golf, tennis, car racing, motorcycle racing and athletics, just to name those which I have attended here in Melbourne. Now most cities in the world have lots of sports events, but in Melbourne we attend these events in large numbers. For example, the Grand Final of the Australian Rules Football competition in September of each year has around 100,000 sports fans attend the match. And we have the sports ground big enough to hold such a large crowd, the Melbourne Cricket Ground (popularly called 'The MCG', or 'The G'). In this podcast, I would like to talk about Australian Rules Football.



Australian Rules Football (called 'Footy' by fans all around Australia) is around 150 years old. It is played with an oval shaped ball by two teams, each with 18 players. The team which kicks the most goals and points wins the game. It is a very physical game and its main characteristics are speed, strong tackling, long kicking (up to 70 metres), long handballs (up to 30 metres) and high marks. A 'mark' is when someone catches a kicked ball.

Those fans who follow their teams ('footy fans') are indeed fanatical. There are currently 18 teams in the top level competition, the Australian Football League (called the 'AFL'). The oldest team in the AFL competition is Melbourne (also known as 'the Demons'), which formed in 1858. It is the oldest football team in the world. The team with the largest following today is Collingwood (also known as 'the Magpies'), which has 72,600 paid up members. Collingwood fans are very fanatical indeed, and it is probably true to say that Collingwood is the team which all other football fans 'love to hate'. I follow a team called Essendon (also known as 'the Bombers'), and our two biggest rivals are Carlton (also known

as 'the Blues') and, of course, Collingwood.

So what's it like to attend a big game of Australian Rules Football? Well, it's exciting, loud, fun and passionate. And it's played fast and furious. Top level players run approximately 14 kilometres during a game, further than in any other game. Footy Fans arrive early, usually with a colourful club scarf, beanie and perhaps a club jumper.



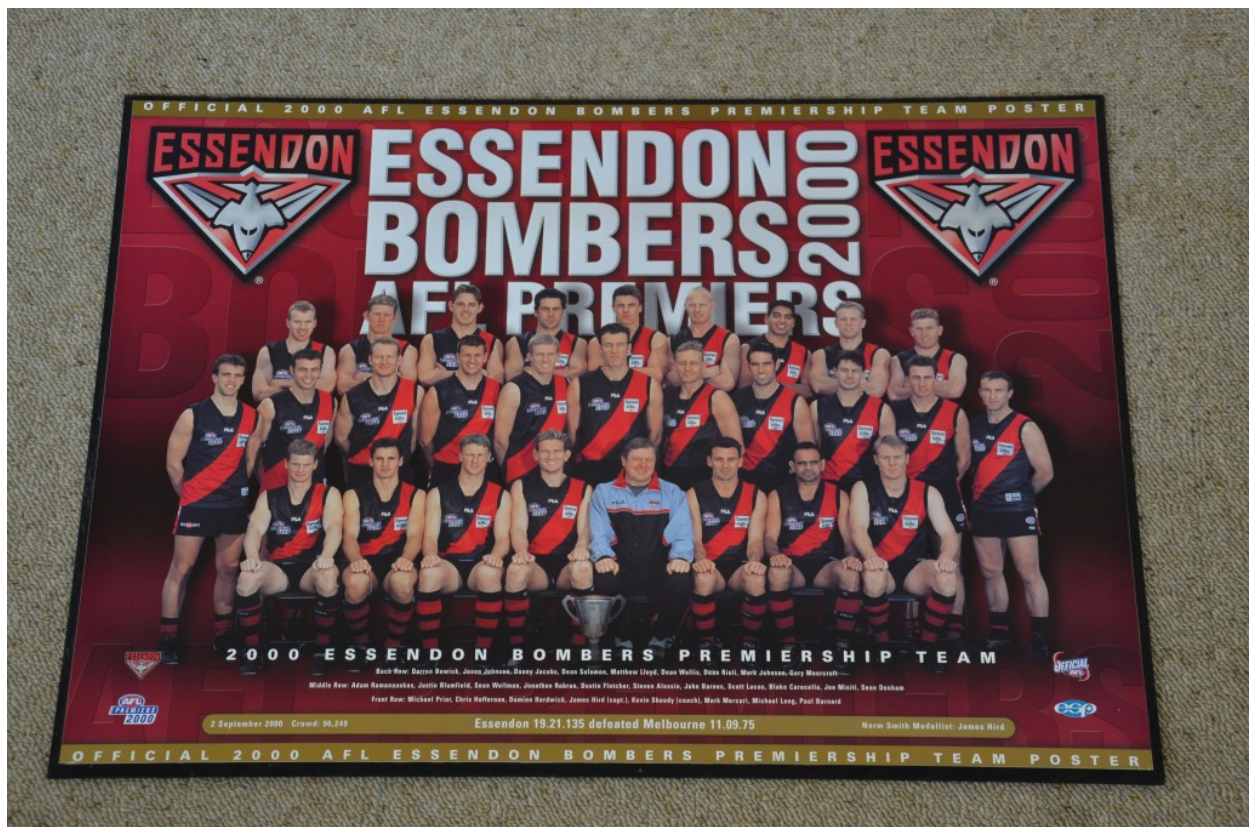


Up the mighty Bombers! The crowd love to shout, cheer and clap



whenever a goal is kicked, or a high mark taken. And disagreeing with the umpire (the 'man in white') is an old tradition amongst footy fans. For most footy fans, the umpire makes the wrong decision about half the time.

One of my favourite memories is watching a great player called Michael Long for Essendon, playing at the MCG. Michael has retired now but he was a fast, agile and brave player. He played on the wing, down one side of the ground. I can remember the ball being kicked to him near the boundary line in front of the full Great Southern Stand, holding 45,000 fans. When he marked the ball, the crowd in that stand seemed to rise as one and they roared loud enough to burst your ears. Michael ran like the wind down the boundary line, bouncing the ball every 10 metres as he went (as required by the rules). Players from the other side had no chance to catch him with that crowd cheering him on. His run ended with a long kick to score a goal. Then we rose to our feet and cheered as loud as we could, hands and fists pumping the air, along with about 40,000 other Essendon fans. Up the mighty Bombers!



If you have a question or a comment to make, please leave it by clicking the comments link at the top of this story.  
Goodbye until next time.

## Podcast 2 Quiz - Did you understand the podcast?

You can take the quiz as many times as you like. An individual's scores are not recorded.

Start quiz

### Vocabulary

- ☐ Play agile = when you can move very quickly
- ☐ Play approximately = about equal to, almost equal to
- ☐ Play attended = when you have gone to a place
- ☐ Play beanie = something you wear on your head to keep warm, often in your team colours
- ☐ Play bouncing = when you throw the ball to the ground and then catch it when it comes up
- ☐ Play boundary = the edge of the playing area
- ☐ Play brave = when you are afraid, but you still do something
- ☐ Play burst = when something breaks
- ☐ Play characteristics = the things that make something unique
- ☐ Play cheering = when the crowd calls out loudly
- ☐ Play competitive = when you try to win in a game

- Play crazy = mad, not thinking normally
- Play currently = right now
- Play disagreeing = when you do not agree with someone
- Play ended = when something has finished
- Play events = when something happens
- Play fanatical = when you are very excited about something, when you like something a lot.
- Play fists pumping = when you close your hand and put it up in the air.
- Play following = the people who like a team and always want the team to win
- Play furious = when a game is played with a lot of speed and the players play hard
- Play goals = when you score in a game. In Australian Rules Football, a goal is the same as 6 points
- Play Grand Final = the biggest game. The winner of this game wins everything
- Play ground = a place where sport is played
- Play handballs = when you pass the ball with your hands. In Australian Rules Football, the ball must be punched.
- Play jumper = something you wear on your body to keep warm, often in your team colours
- Play memories = things you remember from the past
- Play oval shaped = not a circle, looks like an egg
- Play paid up members = when somebody pays money to the club and joins the club.

- Play particularly = especially
- Play passionate = when you are very excited about something
- Play physical = when people bump into one another in a game
- Play points = when you score in a game, but you miss the goal
- Play required = when something must be done
- Play retired = when you are older and no longer play the sport
- Play rivals = a team that you always like to beat when you play them in a game
- Play scarf = something you wear around your neck to keep warm, often in your team colours
- Play speed = when something is fast
- Play tackling = when you grab or hold the other player in a game
- Play tradition = when something has been there for a long time
- Play umpire = the person who blows the whistle and says the rules of the game
- Play wing = a place on the football field, near the edge of the playing area.